2012-2013
MOORPARK AYSO
ALL-STAR MANUAL

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All-Star Coach Welcome Letter

October 24, 2012

Dear Coach,

Congratulations on being selected as a 2012/13 Moorpark AYSO All-Star coach. We would like to thank you for volunteering your time over the next few months. This book was created to make your job a bit easier. It contains information on the upcoming All-Star play along with local tournaments, coach contact information and a quick reference checklist to help you be prepared.

We encourage you to meet with other all star coaches not only within your division but also in the other divisions. Many of the coaches have coached an All-Star team in prior years and are more than willing to share their experiences.

We look forward to working with you in order to make this a fun experience for you and your All-Star team. If you have any questions, please do not hesitate to contact us.

Best Regards,

Donna Frank
Post-Season Coordinator
Moorpark AYSO Region 363

All-Star Coach Contact List

U10 All-Star Coaches

Division	Team	Name	Home	Cell	Email
Boys	A	Ron Garcia	805-990-6453	805-990-6453	rgarciahomes@gmail.com
Boys	B	Reid Bengard	805-491-2416	805-330-6912	rbengard@yahoo.com
Boys	C	Michael Davidson	805-531-0377	805-531-0377	MHCDavidson@sbcglobal.net
Girls	A	Isaac Rodriguez	805-222-5549	805-915-9903	isaacdch@aol.com
Girls	B	Andrew Spett	805-552-1994	805-202-6800	aspett@sbcglobal.net
Girls	C	Nicole Lloyd	805-523-0339	310-804-9792	nrlloyd@att.net

U12 All-Star Coaches

Division	Team	Name	Home	Cell	Email
Boys	A	Rick Motawakel	805-529-2308	818-667-5069	afginla@gmail.com
Boys	B	Robert Malyszek	805-523-0115	805-338-4753	robert@2malyszek
Girls	A	Scott Van Wig	805-523-2455	805-231-2387	svanwig@gmail.com
Girls	B	James Quiles	805-529-8674	805-813-2273	James.quiles@gmail.com

U14 All-Star Coaches

Division	Team	Name	Home	Cell	Email
Boys	A	Larry Brisley	805-553-9166	805-279-2807	larry@nextects.com
Girls	A	Tony Eastland	805-529-1303	805-208-6425	eastlands@roadrunner.com

Post-Season Coordinator

Name	Address	Home	Cell	Email
Donna Frank	13291 Shadow Wood Place	805-523-8461	920-251-1110	dofrank@amgen.com

Resources

Name	Website	Phone
Area 10/E	http://aysoarea10e.org	805-520-1791
AYSO National	www.ayso.org	800-872-2976
AYSO Online Training	www.aysotraining.org	
eAYSO	www.eayso.org	
Moorpark AYSO Region 363	www2moorparkayso.org	805-529-7666
Score American Soccer	www.scoresports.com	800-626-7774
Section 10	www.section10.org	

All-Star FAQ's

1. Can I choose my own Assistant Coach?

- If one is not provided by the post season committee. You will be allowed to select an Assistant coach as long as they are certified for your division **and** they have completed Safe Haven. They will need to be added to your roster in order to assist you at the games. Please contact Donna Frank (920) 251-1110 dofrank@amgen.com and advise her of your decision.

2. Do the coaches get a shirt?

- Yes. We will be providing a shirt to the Head Coach and for your Assistant Coach.

3. How many players should I select?

- To ensure ¾ play, maximum roster size for each Division is:
  - U10- 9 Players
  - U12- 12 Players
  - U14- 14 Players
- Send your player selection list to Donna Frank via email by November 10th. This list well be evaluated and approved by the post season committee. You will receive the final approval of your player list by November 17th. All Star Player will be announced on November 18th

Note: You should plan to have a player or two in mind as back up in case any of your first selections decides not to participate. See FAQ #5.

4. Once the teams have been chosen, what's next?

- As soon as your team has been approved, you will receive your All-Star roster by email. The Registration (Emergency) Forms will need to be picked up from the post season Coordinator.

  Donna Frank
  Post Season Coordinator

- Please call each player after the Doug Johnston Tournament has ended Sunday 11/18/12. Introduce yourself to the parent's first. Then speak to the player, introducing yourself and congratulating them for being selected for the All-Star team.

5. I called one of my selected players and they have decided they cannot participate, now what?

- Call Donna Frank and advise her of the situation. Do not ask other players on other All-Star teams or in the league if they are available.

6. When can I hold a team meeting?

- After 11/20/12, you may hold your team meeting. During your congratulatory call to the player and parents, indicate that you will have a team meeting. Let them know the

date, time and location for the meeting and that you will be collecting the $100.00 fee at that time.

7. What information do I need to go over during my team meeting?

- Try to get a parent to commit to being the "Team Manager" to help you. The team manager will assist you with making phone calls, collecting money, snacks, schedules, and etc.
- Let the players and parents know of your expectations (i.e., participation, practice, tournaments, and games). Be prepared with as much information as possible.
- If the player accepts a spot on the All-Star team, they need to know that being on an All-Star team is their FIRST priority over all other activities, or they can be replaced at the discretion of the Post-Season Coordinator.
- Included is a "Letter of Intent" with some dates that you can personalize to meet your needs.
- Collect $100.00 per player. If you get a sponsor after collecting the monies, you can use the sponsor funds toward Tournament fees or to reimburse the parents. Have players make check payable to Moorpark AYSO. Please try to collect the fees at your 1st team meeting. The Coach will be responsible for turning in all fees/checks prior to picking up uniforms.
- Uniforms are included as part of the fee; however, warm-ups and a bag may be purchased separately.

8. When can I begin practicing with my team?

- After you have collected your players' signed Registration forms
- Please keep in mind that players on your All-Star team are still tied to their league team until league/region playoffs are complete.

9. When does my team get to practice under the lights?

- TBD
- You will receive an email with the schedule

10. What about uniforms, warm-ups and team bags?

- The All-Star fees offset the uniform cost (2 jerseys, shorts and 2 pairs of socks), the use of the lighted fields for practice during All-Star season and the All-Star Area Fees.
- For an additional fee, warm-ups and a bag can be ordered. It can get cold during the season and a jacket and pants can be useful. We are exploring vendor for All-Star Apparel. TBD

11. When and where can I pick up my uniforms?

- To pick up your team's uniform, please bring your checks, payable to Moorpark AYSO for the full amount, to Lisa's house

  ⇒ U10- $900.00 per team
  ⇒ U12- $1200.00 per team
  ⇒ U14- $1400.00 per team

12. Why do we have 2 Jerseys?

- Your team will receive two jerseys, a green and a white jersey. The Green Jersey is your primary color; however, every player MUST bring BOTH jerseys to all games. If you are listed as the home team and there is a color conflict, it is your team's responsibility to change jerseys, NO EXCUSES.

13. Where and when are the games played?

- Games will be played at Arroyo Vista in Moorpark and at Conejo Creek in Thousand Oaks.
- Games are played on both Saturday and Sunday beginning January 5th and ending January 27th.
- All teams that qualify will play in the section All-Star Tournament in FEB/March, 2013 .This tournament is held in Bakersfield, CA
- Game schedules will be posted on the AREA website, http://aysoarea10e.org. Check the schedule often as things do change. See the list of dates in your packet.

14. What do I need to do to prepare for the actual Area All-Star Tournament?

- Be sure that you have all of your ***signed*** Player Registration Forms Bring these forms with you when you check your team in.
- Completed games cards. Please list players in Jersey order.
- Your team will need to arrive at the fields at least 1 hr and 15 min before for your first game. You will check your entire team 1 hour prior to your first game.
- You will need to attend the Mandatory All-Star Coaches meeting (TBA).
- Familiarize yourself with the **All-star Tournament Rules** located on the Area website, www.aysoarea10e.org .
- The ¾ rule applies to ALL players.
- There is a minimum quarter/games played during the preliminary rounds that a player MUST play in order to play in the final playoff games. Please see rule on the Area10E website. www.aysoarea10e.org
- As long as each player has played ¾ of the game, the goalie may stay in the goal for the entire game.

NOTE:

After your team has played their first All-Star game in the Area Tournament, your team roster is now locked for the duration of the tournament. There will be no changes. If your team advances to Bakersfield, this same roster will apply.

15. Can we play in other tournaments?

- Yes. Your team can participate in other tournaments and we encourage you to do so. There are many local tournaments available. We have provided you with a list of the most popular in our area. Please note that these tournaments are at your team's expense. For example, a tournament's fee is $400. If you have 10 players, it will cost each player $40.

16. Can you suggest any Tournaments?

- You can find a list of tournaments on the AYSO National website www.ayso.org , click on the Event Tab and then on the Tournament Tab.
- See the Suggested Tournament list in your packet.

17. How do I enter a Tournament?

- START PLANNING NOW! Decide which tournaments you want your team to participate in. Most tournaments are on a first come basis, based on receipt of completed applications. To complete an application, the hosting tournament's forms need to be filled out. It usually consists of the following:

  - ✓ Team Application Form (from the tournament you selected), signed by the Head Coach and the Regional Commissioner.

  - ✓ Team Roster Form signed by the Regional Commissioner.

  - ✓ Referee Form signed by the Regional Referee Administrator (or the representative for the Administrator). You are usually required to bring a complete Referee team of 3 (1CR and 2 AR's). If you fulfill your obligation your Referee Commitment Fee will be returned to your team.

  - ✓ A single "Regional" check for the amount of the Entry Fee and the Referee Commitment Fee. Most tournaments require a "region" check. Collect the money from your team and all checks to Moorpark AYSO. We will in turn write a check to the tournament. Make plans ahead of time to give the treasurer plenty of time to cut your checks.

  - ✓ The Coach is responsible for your teams budget and accounting practices

18. How do I get the Tournament forms signed?

- In order to make arrangements for getting your paperwork signed, please contact the following by e-mail first. If you do not get a response then call.

Regional Commissioner: Bill Gratke	or	Asst Regional Commissioner Donna Frank
Email:	bgratke@lampsplus.com	dofrank@amgen.com
Cell:	805-794-7621	920-251-1110

Treasurer: Mindy Chandler
Email: mchand812@aol.com
Cell: 805-523-7341

Referee Administrator: Rob Stephens
Email: RobandMary@roadrunner.com
Home: 805-532-2421
Cell: 805-551-3919

19. How do I get a "Region" Check?

- Please complete the Tournament Check Request form which is included in this packet or online at www.moorparkayso.org.
- Contact the treasurer via email to advise that your requesting a tournament check. Please include in your email, the completed form.
- The treasurer will notify you via email that the check has been cut and will advise you on how to pick up the check.
- Please allow for a three-day turnaround so plan accordingly.

20. Who do I contact if I have a question?

Post-Season Coordinator: Donna Frank
Email: dofrank@amgen.com
Cell: 920-251-1110

All-Star Letter of Intent (Sample)

Dear Parents,

Congratulations to your child for making the All-Star team. Over the next couple of months, your child will have the opportunity to play in not only the All-Star tournament but also (to be filled in by the coach… lists the tournaments that the team will be participating in).

The All-Star player uniforms will need to be purchased by the parents as they are not covered by the Region. This cost is **$100.00** per player. This year's uniform will include: 2 jerseys, shorts and 2 pairs of socks. The players will keep the uniforms when the Tournament season ends.

Practices will begin in November and will continue through January 2013. They will be held at a minimum of twice a week. All-Star tournament play begins on January 5th through Jan 27th, with games playing on both Saturdays and Sundays. The winner of the Area All-Star competition can be "invited" to advance to Section play in Bakersfield February/March 2013. (Note: "invited": most of the top 1 or 2 teams do advance, however it is by invitation, depending on our teams' "behavior" at the Area level play.)

Prior to playing in the All-Star tournament, we will try to enter other local tournaments. All fees required for Post-Play (Tournaments) are not covered by the Region. All fees are the sole responsibility of the Teams. There are registration fees, which range approximately $400-$600 per team, that are required to play in each tournament; this is approximately $35 - $50 per player for each tournament. The cost could be offset by sponsorships or fund raisers if someone is interested in organizing either one.

It is an honor to be selected as an All-Star player; however, please be aware that it is also a very big commitment. By accepting placement on this team, it is only fair to all the families involved that your son or daughter plans on participating in all scheduled events. This All-Star team will be your first priority over any other activity or commitment.

Thank you in advance for your support.

I agree to have my (son or daughter's name) participate exclusively in the Moorpark AYSO Region 363 All-Stars.

_____ _____

Parent Signature Date

All-Star Light Schedule TBD

For November 2012 through January 2013

Date & Time:	Monday	Tuesday	Wednesday	Thursday	
November 26th thru December 2nd					
December 3th thru 9th					
December 10th thru 16th					
December 17th thru 23th					
December 24th thru 30th					
December 31st thru January6th					
January 7th thru 13th					
January 14rd thru January 20th					

Area 10/E Calendar

For All-Star schedules for All-Star or Area Play, please go to

http://www.aysoarea10e.org/calendar.html

Suggested Tournaments

Here are a few suggestions. Please continue to check the AYSO National Web Page, www.ayso.org for a complete list of tournaments and updates:

- 16th Annual AYSO Panther Shootout
  Newbury Park, CA – Peppertree Park
  November 23-24, 2012
  www.aysoregion42.org

- Myles Standish Tournament
  Pasadena, CA- Outside of Rose Bowl
  November 23-24, 2012
  www.ayso13.org

- Santa Clarita AYSO Gold Rush Tournament
  Newhall and Santa Clarita, CA – Placerita Jr. High and Newhall Park
  December 15-16, 2012
  www.ayso678.org

- 16th Annual AYSO Beverly Hills Sportsmanship Cup
  Beverly Hills & Los Angeles, CA – Various Locations
  December 15-16, 2012
  www.ayso76.org

- AYSO Region 14 2010 West Torrance Christmas Classic
  Torrance, CA – Various Locations
  December 18-19, 2012
  www.ayso-region14.org

- 16th Annual Simi Valley AYSO New Year's Tournament
  Simi Valley, CA – Rancho Santa Susanna Park
  December 29, 2012 – December 31, 2012
  www.aysoregion121.org

- AYSO Thousand Oaks Pot O'Gold
  Thousand Oaks, CA – Conejo Creek South
  March 9-10, 2013 (Boys weekend)
  March 16-27, 2013 (Girls weekend)
  www.aysoregion9.org

- 2013 Moorpark Apricot Jam
  Moorpark, CA – Arroyo Vista Park
  April 6-7, 2013 – (Girls weekend)
  April-20-21, 2013 (Boys weekend)
  www.moorparkayso.org

Note:

- In order to get the Tournament Applications, you will need to go to each Tournaments Web page.
- Be sure to check that there are no conflicts between league play and the tournaments.

Tournament Check Request

Moorpark AYSO - Region 363

Coach: _____ Home Phone #: _____
Team: _____ Work Phone #: _____

Tournament Name: _____
Tournament Region: _____
Tournament Dates: _____

Tournament Fee: _____
Referee Deposit: _____
Total: _____

Do you anticipate that you will fulfill your Referee assignments, and that your Referee Deposit will be refunded by the Tournament? Yes

To whom should any refund checks be made payable to?

Name: _____
Address: _____
_____
Phone #: _____

Cashier Checks received by Region Treasurer:

Bank Name: _____ Check #: _____
Dated: _____ Amount: _____

Check numbers and amounts provided by Region:

Tournament Fee:
Date: _____
Check #: _____
Amount: $ _____

Referee Deposit:
Date: _____
Check #: _____
Amount: $ _____

Referee Deposit Refund:

Received by Region:
Date: _____
Check #: _____
Amount: $ _____

Refund Processed:
Date: _____
Check #: _____
Amount: $ _____

Sideline Suggestions

10 Things Kids Say They Don't Want Their Parents to Do

Dr. Darrell J. Burnett

1. **Don't yell out instructions.**
   During the game I'm trying to concentrate on what the coach says and working on what I've been practicing. It's easier for me to do my best if you save instructions and reminders for practice or just before the game.
2. **Don't put down the officials.**
   This embarrasses me and I sometimes wonder whether the official is going to be tougher on me because my parents yell.
3. **Don't yell at me in public.**
   It will just make things worse because I'll be upset, embarrassed, or worried that you're going to yell at me the next time I do something "wrong."
4. **Don't yell at the coach.**
   When you yell about who gets to play what position, it just stirs things up and takes away from the fun.
5. **Don't put down my teammates.**
   Don't make put-down remarks about any of my teammates who make mistakes. It takes away from our team spirit.
6. **Don't put down the other team.**
   When you do this you're not giving us a very good example of sportsmanship so we get mixed messages about being "good sports."
7. **Don't lose your cool.**
   I love to see you excited about the game, but there's no reason to get so upset that you lose your temper! It's our game and all the attention is supposed to be on us.
8. **Don't lecture me about mistakes after the game.**
   Those rides home in the car after the game are not a good time for lectures about how I messed up -- I already feel bad. We can talk later, but please stay calm, and don't forget to mention things I did well during the game!
9. **Don't forget how to laugh and have fun.**
   Sometimes it's hard for me to relax and have fun during the game when I look over and see you so tense and worried.
10. **Don't forget that it's just a game!**
    Odds are, I'm not going to make a career out of playing sports. I know I may get upset if we lose, but I also know that I'm usually feeling better after we go get a pizza. I need to be reminded sometimes that it's just a game.

Select Teams

Only those individuals registered for the current season with current AYSO age specific training, adherence to the ¾ rule and Safe Haven Certification may coach select teams. No exceptions!

In order to enhance the AYSO experience, those players and coaches who are interested, are encouraged to participate in tournaments, either within or outside the region. Information about available tournaments may be obtained from the Post-Season Coordinators. Any coach, after receiving permission from the Post-Season Coordinator(s) and Regional Commissioner may form a Select team to participate in one or a series of tournaments by extending an invitation to interested players. **Coaches must publicize their intention to form such Select teams on our website so all interested players may be considered.** ***Select coaches may not recruit All-Star players until the conclusion of All-Star play!!!!*** In the event more than one coach in a division wishes to form a Select team, and no team has yet been formed, the coaches will work with the Post-Season Coordinators and the Regional Commissioner to balance the teams as fairly as possible.

All costs and other obligations (entry fees, referee deposits, uniform purchases, etc.) are strictly the responsibility of the Select team. The Select team coach must account for all revenue and expenses pursuant to the instructions of the Regional Treasurer. Because All Star and Select teams may compete for the same players, except with the permission of the Regional Commissioner, there will be no Select team practices or participation in tournaments during the period from the formation of the All Star teams (in November) until the completion of Area and Section All Star competition (generally in February).

In order to be eligible for Select team play, a player must have participated in at least one-half of the games played by his or her league team during the regular season, barring injury or unusual circumstances, and be 100% dedicates to their AYSO All-Star team. The Regional Commissioner must approve all Select team players and team rosters. The Select team coach must then invite at least one interested parent or other individual to be an assistant coach.